



## M. Kaan Artiran, Ph.D.

Assistant Professor, Lecturer, Researcher, Dissertation Advisor  
Istanbul Arel University, Istanbul, Turkey

Certified Cognitive Behavior Therapy & Rational Emotive Behavior Therapy Supervisor

Director of ATC Center of Albert Ellis Institute – Istanbul/Turkey

**Age:** 42

**Nationality:** USA and Turkey

**Languages:** English, Turkish

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**Work Address:** Rational Psychology Psychological Counseling Center. Affiliated Training Center of Albert Ellis Institute- Turkey. Yildiz Cd. No: 61/4 Besiktas ISTANBUL – TURKEY 34353

1.Home Address (Turkey): Yildiz Cd. No: 61 Apt. 4 Besiktas, Istanbul, Turkey 34406

2. Home Adress (USA): 379 S. Ocean Av. Apt. 3 Patchogue NY 11772

**Position of Interest:** Online Lecturer (Psychology), Online Research Assistant (Psychology)

## EDUCATION

### **Ph.D. in Clinical Psychology**

*Istanbul Arel University (Honor of graduating; GPA: 4.0)*

2012-2015

Istanbul, Turkey

### **Master of Arts in General Psychology**

*American Public University (GPA: 3.77)*

2009-2011

Charles Town, WV

### **Bachelor's Degree in Psychology**

*Eastern Kentucky University*

2013-2016

Richmond, KY

### **Rational Emotive Behavior Therapy Training**

*Albert Ellis Institute*

2010-2014

New York, ABD

### **Intensive English Program**

*Auburn University*

2001-2001

Auburn, Alabama

## EXPERIENCES

**Istanbul Arel University**  
Asistant Professor

2013-current  
Istanbul, Turkey

**Currently teaching**

- Research Methods in Behavioral Sciences (~18 students)
- Introduction to Psychology (~40 students)
- Psychotherapy Theories (~50 students)
- Advance Cognitive Behavior Therapy and Rational Emotive Behavior Therapy (~20 students)
- Psychotherapy Supervisions in Clinical Psychology Program (~32 students)

**Past teachings:**

- Health Psychology (~50 students)
- Introduction to Psychopathology (~50 students)
- Interviewing and Observation Techniques for Children and Adolescents (~20 students)

I provided weekly individual and group clinical supervision to second- and third-year graduate students and assisted in the successful operation of a psychological clinic predominantly serving a young adult and late-adolescent student population.

**Dissertation Advisor**

To guide graduate students who are candidates for Clinical Psychology and General Psychology master's degree.

**ATC Center of Albert Ellis Institute - Istanbul**  
Clinical Psychologist – Director

2014-current  
Istanbul

**Psychological Counseling and Psychotherapy**  
*Children-Adolescents and Young Adults*

I performed individual and couples therapy and administered cognitive and intellectual assessments (all in an children/adolescent/young adult population)

**A & G.net, Long Island, New York**  
Psychological Counselor  
Counseling

2007-2012  
New York

**Volunteer Service in Natural Disaster**  
Social Worker

Counseling to Survivors *in 1999-Earthquakes in Adapazari and Duzce*, Turkey

1999-2001  
Istanbul, Turkey

**CERTIFICATIONS**

- Rational Emotive Behavior Therapy and Cognitive Behavioral Therapy Supervisory Certificate  
(American Psychological Association-APA / 28 CE credits)  
*Albert Ellis Institute (AEI)* New York, 2014
- Rational Emotive Behavior Therapy and Cognitive Behavioral Therapy Associated Fellowship Certificate  
(American Psychological Association-APA / 28 CE credits)  
*Albert Ellis Institute (AEI)* New York, 2013
- Rational Emotive Behavior Therapy and Cognitive Behavioral Therapy Advanced Practicum Certificate  
(American Psychological Association-APA / 28 CE credits)  
*Albert Ellis Institute (AEI)* New York, 2012
- Rational Emotive Behavior Therapy and Cognitive Behavioral Therapy Primary Practicum Certificate  
(American Psychological Association-APA / 24 CE credits)  
*Albert Ellis Institute (AEI)* New York, 2012
- Motivational Interviewing with Individual Clients and Groups (3 CE credits)  
*Albert Ellis Institute (AEI)* New York, 2012
- Rogerian Child Centered Play Therapy  
(Association for Play Therapy - APT / 6 CE Credits)  
*Therapy With a Twist - Clinical Training Center* Bronx, New York, 2012
- REBT/CBT Evidence-Based Treatments for Trauma and PTSD (3 CE credits)  
*Albert Ellis Institute (AEI)* New York, 2012
- ADHD: Interventions for Children (3 CE credits)  
*Albert Ellis Institute (AEI)* New York, 2012
- REBT/CBT Evidence-Based Treatments For Obsessive-Compulsive Disorder (3 CE credits)  
*Albert Ellis Institute (AEI)* New York, 2012
- REBT/CBT Evidence-Based Treatments for Eating Disorders (3 CE credits)  
*Albert Ellis Institute (AEI)* New York, 2012
- Structural Equation Modelling in Scientific Research - Advanced Statistics Applications  
*Istanbul Arel University (40 hours workshop)* Istanbul, 2012

## BOOKS

*Rational Emotive Behavior Therapy in Sport and Exercise (Routledge Psychology of Sport, Exercise and Physical Activity) Hardcover – 5 Dec 2017. **Book Chapter: Rebounding from Injury and Increasing Performance Using Rational Emotive Behavior Therapy (REBT)***

### **BOOK TRANSLATIONS**

1. *Clinical Psychology- A Modern Health Profession* by Wolfgang Linden & Paul L. Hewitt Pearson Education. Published by Nobel Press, Inc. Istanbul, Turkey. Book Translation from English to Turkish: Chapters of 5-7-10-12 and 13. 2013.
2. *A Practitioner's Guide To Rational Emotive Behavior Therapy (Third Edition)*. Authors: Raymond A. DiGiuseppe, Kristene A. Doyle, Windy Dryden, Wouter Backx. Book Translation from English to Turkish:
3. *Emotional Regulations of Children and Adolescents* by Michael A. Southam – Gerow. Nobel Publishing / Counseling Series . 2014. Book translation from English to Turkish.

### **PROJECT EXPERIENCE**

#### **Research Assistant**

TUBITAK (The Scientific And Technological Research Council Of Turkey) 1001 Project - The Gap between Language and Experience and its Effects on Mental Health: The Importance of Language in Daily Life and Helping Process. 3 Years Long Project  
My Task: Analyzing the data with Lisrel- Structural Equation Modeling

### **PUBLICATIONS**

#### **(SCI, SSCI, Arts and Humanities)**

1. Artiran, M. (2015). A New Scale Based on Rational Emotive Behavior Therapy And Self-Determination Theory: Development Of Rational Emotive Self Determination Scale (RES-D). Istanbul Arel University. Doctorate Thesis. Presented in ICCP 2017 The 9th International Congress of Cognitive Psychotherapy. July 2017. Cluj-Napoca, Transylvania, ROMANIA
2. Artiran, M.; Simsek, F. O., Turner, M. (2018). Role of Rumination and Reflection on Irrational Beliefs and Psychological Distress. *Behavioural and Cognitive Psychotherapy*. doi: 10.1017/S1352465819000031
4. Artiran, M. (2011). *Learning to Evaluate Differently with Rational Emotive Behavior Therapy: An Ethical and Professional Approach to Changing Client's Neurotic Disturbances*. American Public University Master's Capstone with Integrative Project. West Virginia.

### **PUBLICATIONS**

#### **(TURKEY- TR-DİZİN)**

### Dissertation Advisor of

1. Karakoc, B. (2016). Relationships Between Irrational Beliefs And Anxiety And Depression, And Interaction Between Irrational Beliefs Themselves. Istanbul Arel University, Master Thesis in Clinical Psychology.
2. Yildirim, R. D. (2016). Evaluation Of Irrational Beliefs On Ontological Well-Being: Demandingness As Suppressor Variable. Istanbul Arel University, Master Thesis in Clinical Psychology., Istanbul.
3. Tacı, C. M. (2017). A Mediation Analysis with Structural Equation Modeling: Needs for Absolute and Mindfulness in Psychological ill-being. Istanbul Arel University., Master Thesis in Clinical Psychology, Istanbul.
4. Eriş, K. (2017). A Mediation Analysis with Structural Equation Modeling: Automatic Thoughts and Irrational Beliefs in Obsessive Compulsive Disorder. Istanbul Arel University, Master Thesis in Clinical Psychology., Istanbul.
5. Aypar, Z. (2017). Job Satisfaction in Airlines Companies in Turkey. Istanbul Arel University, Master Thesis in General Psychology, Istanbul.
6. Demirci, E. (2018). The Relationship Between Irrational Beliefs Of Basic Psychological Needs And Perfectionism And Test Anxiety In Adolescents. Istanbul Arel University, Master Thesis in Clinical Psychology., Istanbul.
7. Dinc, N. (2018). Examination The Relationship Between Irrational Beliefs And Positive Perceptions Of Married Individuals. Istanbul Arel University, Master Thesis in Clinical Psychology, Istanbul.

### **Memberships:**

- *ABCT Association for Behavioral and Cognitive Therapies.*
- Association for Play Therapy. Clovis, California, USA. (<http://www.a4pt.org/>).

### **Referances**

Dr. Kristene A. Doyle, Director of Albert Ellis Institute, New York

e-mail: [krisdoyle@albertellis.org](mailto:krisdoyle@albertellis.org)

Prof. Omer F. Şimşek, Director of Psychology Studies at İstanbul Arel University

e-mail: [simsekof@gmail.com](mailto:simsekof@gmail.com)

Raymond A. DiGiuseppe, Ph.D., St. John's University

ABPP, Professor of Psychology and Chair of the Institutional Review Board

e-mail: [digiuser@stjohns.edu](mailto:digiuser@stjohns.edu)

*Hobbies:* Web design, swimming, botanic

Other references available upon request